

Rangoli Embroidered -Not
Quite Ten Minute Table Runner
with Prairie Point Accents



This table runner is based on the 10 minute table runner originally designed by [LaRae Bunnell Clark](#) from Utah State University. Her original tutorial is shared by a number of quilt shops on the internet. I have taken her original concept and combined it with the technique of inserting an embroidered block centre. I cannot locate LaRae's original tutorial but some of her colleagues have a variation where the top section is folded in reverse.

http://extension.usu.edu/files/publications/factsheet/FL_ST_Construction_2009_105.pdf

Requirements

Centre of runner

- 3 x 12 inch squares of white homespun /Moda solid or similar to embroider your blocks. Spray starch well
- 3 x 12 inch squares of lightweight fusible interfacing (optional) see notes further down.

Back and borders of Runner

- 18 inches x 45 inch strip of fabric
- 2 pieces of fabric 10 inches x 7 ½ inches (I used the same as the main fabric)
- 2 x 10 inch x 1 ¼ inch strips for sashing between the blocks
- 36 inch x 3 inch strip of fabric for prairie points (subcut into 12 x 3 inch x 3inch squares)

Embroidery designs used

I have used the free Rangoli Square 6 design given away by [Kenny Kreations](#) and have stitched out the 6inch or 150mm design

Construction

All seam allowances are $\frac{1}{4}$ unless otherwise stated

A. Centre of runner

1. Hoop your fabric and embroider your chosen designs. I used a lightweight iron on interfacing to stabilize my blocks so that I did not have to cut or tear away any and run the risk of tearing the “lite” embroidery stitches out. This worked very well.
2. Trim each block to 10 inches square. Just measure 2 inches out from each of the satin stitch borders but just check with your ruler before you this.
3. Place and stitch the sashing strips between the trimmed embroidered blocks as shown.



4. Set the seams and press away from the white fabric

5. We now need to make the prairie points to place on the runner before we attach any other pieces.

a) Take the 3inch x 3inch squares and press in half diagonally as shown.



b) Fold over and press in half diagonally once more



Place the prairie points in a manner that is pleasing to you. I placed 3 on each side of the embroidered runner as shown.



6. Cut two pieces of fabric the width of your blocks (10 inches x 7 ½ inches wide)

7. With right sides together stitch one piece to each end of your block set as shown.

The centre section of your table runner should now be the same length (45 inches) as your backing strip.



B. Sides and Back of Runner

- With right sides together stitch the centre block section to the backing section. You make a tube by sewing down one of

the 45 inch sides then turning your runner around and sew down the other side.

- Press the seams away from the centre blocks
- Turn the table runner tube through
- Press so that the backing fabric comes to the front and forms the borders down the sides of your runner. This may take a few minutes to do with the aid of a ruler.
- Trim the ends



- Fold the runner in half as shown with the centre blocks facing outwards. It may appear that you are making a seam on the right side of the runner but this is correct.
- Stitch across the end as shown.
- Repeat for the other end.
- Press the seams open
- Put your hand inside the seams at each and pull out to form a point .

You may need to use a point turner to achieve a nice flat point.



- Press the ends in place and stitch across as indicated by the green lines.

Vicki Purnell

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www.vickisfabriccreations.blogspot.com